



# miessence®

## organic facial spa treatments

### Organic Facial Spa - Balancing

Treatment Cost - \$3.21 USD

*Hydrating and refining for normal and combination skin. Nourishes and balances the complexion.*

- |         |             |                                 |
|---------|-------------|---------------------------------|
| Step 1  | Cleanse:    | Balancing Cleanser              |
| Step 2  | Exfoliate:  | Garnet Exfoliant                |
| Step 3  | Mask:       | Balancing Mineral Mask          |
| Step 4  | Brighten:   | Probiotic Skin Brightener       |
| Step 5  | Condition:  | Balancing Skin Conditioner      |
| Step 6  | Treatment:  | Ambrosia Essence Skin Perfector |
| Step 7  | Moisturise: | Balancing Moisturiser           |
| Step 8  | Smooth:     | Firming Eye & Neck Serum        |
| Step 9  | Protect:    | Rejuvenessence Facial Serum     |
| Step 10 | Rehydrate:  | Rose Monsoon Hydrating Mist     |

### Organic Facial Spa - Purifying

Treatment Cost - \$2.90 USD

*Deeply cleanses and purifies oily, blemished and problem skin.*

- |         |             |                             |
|---------|-------------|-----------------------------|
| Step 1  | Cleanse:    | Purifying Cleanser          |
| Step 2  | Exfoliate:  | Garnet Exfoliant            |
| Step 3  | Mask:       | Purifying Mineral Mask      |
| Step 4  | Brighten:   | Probiotic Skin Brightener   |
| Step 5  | Condition:  | Purifying Skin Conditioner  |
| Step 6  | Treatment:  | Purifying Blemish Gel       |
| Step 7  | Moisturise: | Purifying Moisturiser       |
| Step 8  | Smooth:     | Firming Eye & Neck Serum    |
| Step 9  | Protect:    | Rejuvenessence Facial Serum |
| Step 10 | Rehydrate:  | Rose Monsoon Hydrating Mist |

### Organic Facial Spa - Rejuvenating

Treatment Cost - \$3.21 USD

*Deeply nourishing for dry and dehydrated skin. Replenishes moisture and revitalises the complexion.*

- |         |             |                                 |
|---------|-------------|---------------------------------|
| Step 1  | Cleanse:    | Rejuvenating Cleanser           |
| Step 2  | Exfoliate:  | Garnet Exfoliant                |
| Step 3  | Mask:       | Rejuvenating Mineral Mask       |
| Step 4  | Brighten:   | Probiotic Skin Brightener       |
| Step 5  | Condition:  | Rejuvenating Skin Conditioner   |
| Step 6  | Treatment:  | Ambrosia Essence Skin Perfector |
| Step 7  | Moisturise: | Rejuvenating Moisturiser        |
| Step 8  | Smooth:     | Firming Eye & Neck Serum        |
| Step 9  | Protect:    | Rejuvenessence Facial Serum     |
| Step 10 | Rehydrate:  | Rose Monsoon Hydrating Mist     |

### Organic Facial Spa - Soothing

Treatment Cost - \$2.95 USD

*Calms and nurtures sensitive and reactive skin.*

- |         |             |                             |
|---------|-------------|-----------------------------|
| Step 1  | Cleanse:    | Soothing Cleanser           |
| Step 2  | Exfoliate:  | Garnet Exfoliant            |
| Step 3  | Mask:       | Soothing Mineral Mask       |
| Step 4  | Brighten:   | Probiotic Skin Brightener   |
| Step 5  | Condition:  | Soothing Skin Conditioner   |
| Step 6  | Treatment:  | Soothing Couperose Gel      |
| Step 7  | Moisturise: | Soothing Moisturiser        |
| Step 8  | Smooth:     | Firming Eye & Neck Serum    |
| Step 9  | Protect:    | Rejuvenessence Facial Serum |
| Step 10 | Rehydrate:  | Rose Monsoon Hydrating Mist |



# miessence® organic facial spa treatments

## About the 10 steps of the Organic Facial Spa

### Step 1 – Cleanse:

---

*Cleansing removes the top layer of dead cells, oil, perspiration and pollution. If your skin is not cleansed properly it becomes dull and flaky and the oil glands block up with dirt and cellular waste, causing breakouts and congestion.*

### Step 2 – Exfoliate:

---

*A build up of dead skin cells causes a rough and dull appearance. Removing the top layers of dehydrated cells oxygenates the skin and speeds up the rate of cell growth, promoting a youthful, glowing skin.*

### Step 3 – Mask:

---

*Clay-based masks will actually draw toxins from within the skin. Clay firms, tones and refines the skin, promoting a smooth, supple, and clear complexion. Clay re-mineralises and rebalances the skin, assisting with tissue regeneration.*

### Step 4 – Brighten:

---

*The extremely mild alpha-hydroxy acids from natural fermentation in the **Probiotic Skin Brightener** are known to restore and protect the skin's acid mantle, lighten and brighten the complexion, improve photo-damaged skin, exfoliate dead skin cells for a smoother, less-wrinkled appearance, help break down impurities, whilst bringing moisture, clarity and vitality to the skin.*

### Step 5 – Condition:

---

*Skin Conditioning is a vital step in the Miessence skincare regimen! Conditioning has a twofold purpose: firstly, to feed the skin with nutrients in the water-soluble botanicals, organic herbs, vitamins and essential oils, and secondly, to provide a hydration base for the moisturiser to lock in.*

### Step 6 – Treatment:

---

*Treatments are intense concentrations of botanical extracts for special skin needs.*

**Soothing Couperose Gel:** *a strengthening treatment for sensitive skin with ultra-soothing organic plant extracts for broken capillaries and facial redness.*

**Purifying Blemish Gel:** *a potent and powerful blend of healing and calming organic herbs and flowers for blemishes, pimples and irritations.*

**Ambrosia Essence:** *an extremely potent combination of eight highly effective herbal and flower extracts to rejuvenate, restore and renew the skin. Its ingredients are renowned for their ability to stimulate the production of new skin cells, which makes it an effective treatment for acne scars, dry and weathered skin and mature, devitalised skin.*

### Step 7 – Moisturise:

---

*This step creates a protective barrier against free radicals and moisture loss (one of the main causes of wrinkles). The special ingredients in our unique organic base has demonstrated significant and lasting effects on skin hydration and smoothness, and has been shown to actively restore and strengthen damaged skin.*

### Step 8 – Smooth:

---

**Firming Eye and Neck Serum** *smooths, tones and firms around the eyes and neck, diminishing the appearance of crow's feet, visible fine lines and wrinkles.*

### Step 9 – Protect:

---

**Rejuvenessence Facial Serum** *protects the skin and helps regenerate and revitalise the complexion, especially in extreme heat, cold or windy conditions.*

### Step 10 – Rehydrate:

---

*In Eastern traditions, the aroma of the Thousand-petalled Rose promotes strength and vitality enhances harmony and balance. Saturated with water-soluble botanicals present in the petals, rosewater has many uses. Spray over make-up for a dewy complexion. Perfect for rehydrating and invigorating the skin.*

# miessence® organic facial spa treatments

## *cost per treatment (USA)*



| Step                                   | Pumps per Treatment                              | Treatments per Bottle | Cost per Treatment |
|--|--|-----------------------|--------------------|
| (based on New Zealand wholesale price) |  |                       |                    |
| 1: Cleanse                             | 4 pumps per treatment                            | 125                   | \$0.20             |
| 2: Exfoliate                           | 1 teaspoon per treatment                         | 28                    | \$0.53             |
| 3: Mask                                | 1 teaspoon per treatment                         | 20                    | \$0.74             |
| 4: Brighten                            | 2 pumps per treatment                            | 125                   | \$0.20             |
| 5: Condition                           | 1 pump per treatment                             | 250                   | \$0.06             |
| 6: Treatment                           | Soothing Couperose Gel:<br>2 pumps per treatment | 60                    | \$0.24             |
|  | Purifying Blemish Gel:<br>2 pumps per treatment  | 60                    | \$0.24             |
|  | Ambrosia Essence:<br>1 pump per treatment        | 100                   | \$0.50             |
| 7: Moisturise                          | 1 pump per treatment                             | 86                    | \$0.35             |
|  |  |                       | Purifying \$0.29   |
| 8: Smooth                              | 2 pumps per treatment                            | 60                    | \$0.35             |
| 9: Protect                             | 1 pump per treatment                             | 120                   | \$0.20             |
| 10: Rehydrate                          | 3 pumps per treatment                            | 100                   | \$0.09             |



## Step-by-step Miessence Facial Spa Instructions

### Step 1: Cleanse

---

*You need: warm water, cleansing cloths or cleansing pads.*

Gently press the face with a warm (never hot), soft cleansing cloths to open pores and soften the surface of the skin cells. Apply two pumps of **Cleanser** to the palm of your hand and massage gently into the face and neck. Remove gently with water and cotton pads. If wearing make-up, a second cleanse is necessary. (First one to remove make-up, the second to cleanse the skin).

### Step 2: Exfoliate

---

*You need: warm water, cleansing cloth or cleansing pad.*

Squeeze a small amount of **Garnet Exfoliant** onto fingertips and GENTLY massage onto damp skin using a small circular motion, paying particular attention to T-zone if necessary.

### Step 3: Mask

---

*You need: warm water, small ceramic/glass bowl, fan brush, cleansing cloths.*

Using a ceramic or glass bowl, make a smooth paste by mixing 1 teaspoon of purified water with 1 teaspoon of **Mineral Mask** powder. Stir to form a smooth paste and smooth a generous amount of mask onto the face and neck using the fan brush. Relax for 10 minutes until mask is almost dry. Rinse off with plenty of tepid water and use the cleansing pads to wipe off the mask.

### Step 4: Brighten

---

*You need: cotton pads, cotton buds.*

Apply one pump of **Probiotic Skin Brightener** to a cotton pad and wipe gently over the face and neck. Repeat with second clean cotton pad and 1 pump of **Probiotic Skin Brightener**.

### Step 5: Condition

---

Apply one pump of **Skin Conditioner** to the palm of the hand and massage gently onto face, throat and décolleté.

### Step 6: Treatment

---

*Soothing Couperose Gel:* Apply one pump of the **Soothing Couperose Gel** to the fingertip and pat into affected areas.

*Purifying Blemish Gel:* Apply one pump of the **Purifying Blemish Gel** to the fingertip and pat into affected areas.

*Ambrosia Essence:* Apply 1 pump of the **Ambrosia Essence** to the palm of the hand and pat and press gently into the skin.

### Step 7: Moisturise

---

Apply one pump of **Moisturiser** to the palm of the hand and warm to skin temperature. Pat and press gently onto the face, throat and décolleté.

### Step 8: Smooth

---

Apply one pump of **Firming Eye & Neck Serum** to the palm of the hand, then using one finger, pat and smooth around the total eye area (from outer to inner eye), then apply one pump and gently pat and press onto throat and décolleté.

### Step 9: Protect

---

Apply one pump of **Rejuvenessence Facial Serum** to the palm of the hand, then gently pat and press onto your face, throat and décolleté.

### Step 10: Rehydrate

---

Hold **Rose Monsoon** at arm's length, spray a gentle mist around the face to cleanse the aura, calm the soul and rehydrate the complexion.