



# miessence® skin tone reference

By analysing the colour of your skin tone, you can choose cosmetic colours that flatter your complexion. Peoples' complexions can be divided into warm or cool colours, based on their skin, hair and eyes.

## cool



**Penelope Cruz**



**Elizabeth Hurley**



**Cate Blanchett**

**Undertones:** Pink or blue.

**Forearm Veins:** Appear blue.

**Eyes:** Greyish blue, green or brown.

**Hair:** Platinum blonde, through to dark brown or black.

**Ethnicity:** Most african, asian and caucasians with pale complexions with a pinkish cast and strong coloured eyes.

**Tanning:** Easily.

**Whites:** True whites are better.

**Metallics:** Silver or platinum looks better than gold.

**Colours:** In the blue half of the spectrum, from bluish-red through violet and blue to bluish-green. Someone with cool colouration attempting to wear warm colors will look sallow.

### For Cool Complexions:

*Berry Shimmer* Creme

*Grape* and *Plum* Lip Cremes

*Desert Rose* Blush Powders

### Neutral Colours: (any complexion)

*Nutmeg* Lip Creme

*Ginger Blossom* Blush Powders

### Miessence Foundation Guide

#### Miessence Translucent Foundation

*Porcelain* - for very fair skin, cool undertones

*Vanilla* - suits most skin types, neutral undertone

*Honey* - suits tanned skin types, warm undertone

#### Miessence Mineral Foundation

*Fair* - for very fair skin, cool undertones

*Medium* - suits most skin types, neutral undertone

*Tanned* - suits tanned skin types, warm undertone

## warm



**Jessica Alba**



**Nicole Kidman**



**Jennifer Lopez**

**Undertones:** Yellow.

**Forearm Veins:** Appear greenish.

**Eyes:** Olive green, golden brown, hazel, teal or light blue, usually with golden specks in them.

**Hair:** golden or strawberry blonde through to light golden brown, rich darker red shades, or dark brown with coppery highlights.

**Ethnicity:** Warm skin tones range from a light ivory through to peachy and sometimes ruddy. Warm complexions can blush easily when embarrassed or excited.

**Tanning:** Do not tan easily, and burn quickly in the sun or get freckles.

**Whites:** Ivory is better.

**Metallics:** Gold looks better than silver or platinum.

**Colours:** In the yellow half of the spectrum, from orange-red through orange and yellow to yellow-green. Cool colors on someone with warm coloration will make their skin look dull.

### For Warm Complexions:

*Melon* Lip Creme

### Neutral Colours: (any complexion)

*Nutmeg* Lip Creme

*Ginger Blossom* Blush Powders

#### Miessence Concealer

*Fair* - for very fair skin, cool undertones

*Medium* - suits most skin types, neutral undertone